

Boise's Summer Filled with Art, Culture and Outdoor Activities

Boise, Idaho – As summer arrives in Boise, the city has exciting activities for those who love outdoor adventure, music, food, and fun. Boise has something on the calendar nearly every week for residents and visitors alike.

Seasonal Sports

Boise features plenty of opportunities to be outside and get moving. As the weather warms up, residents and visitors flock to Quinn's Pond along the Boise River Greenbelt to [stand up paddle board](#), or surf at the [Boise Whitewater Park](#). The [Ridge to Rivers](#) trail system offers miles of pathways for hikers and mountain bikers. Events like the [Twilight Criterium](#) bike race and [Albertsons Boise Open](#) PGA tour golf tournament are excellent spectator opportunities to watch nationally-ranked athletes compete. But for those who want in on the action, the [St. Luke's FitOne 5K, 10K and half marathon](#) encourage participants to run, jog or walk as it promotes fitness for life. New this year is the [Chrono Kristin Armstrong](#) Time trials.

Escape Into The Arts

Boise summers are filled with art and music. Starting in early June, the Downtown Boise Association hosts weekly, free concerts at [Alive After Five](#). The Idaho Botanical Gardens' [Great Garden Escape](#) concert series allows for packing picnics and sipping wine in the cool shade of the blooming gardens. Right next door is Outlaw Field, which brings in headline acts for their [Summer Concert Series](#). If you're looking for more drama in your arts, catch one of five exuberant plays at the 42nd season of the [Idaho Shakespeare Festival](#).

Chow Down

Each Saturday during spring and summer Boise has many options to explore local foods at the two downtown farmers markets. Both the [Capital City Public Market](#) and [Boise Farmers Markets](#) offer fresh, seasonal, local produce, artisanal pastries, Idaho wines, craft coffee and much more. At the end of July you can experience Basque food and culture at the [San Inazio Festival](#) on Boise's Basque block. At the end of summer, experience a premier food and wine pairing dinner featuring some of Boise's restaurants, chefs, Idaho wines and local ingredients at [Capitol Table](#).

Fun With The Whole Family

In late July the "wildest, fastest show on earth" lands at the Ford Idaho Center. The annual [Snake River Stampede](#) is one of the top 10 regular season professional rodeos in the nation. Soon after that, the [Western Idaho Fair](#) lands in Boise, complete with Ferris wheels and funnel cakes. Families will enjoy the annual [Spirt of Boise Balloon Classic](#) at the end of August. Watch from Ann Morrison Park as dozens of hot air balloons float above the city. The summer will wrap up with the [Boise Art Museum's Art in the Park](#). The annual event is recognized as one of the Northwest's premier cultural events. More than 200 artists will present and have work for sale at the open-air festival.

For a complete listing of events and activities, visit www.Boise.org

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About the Boise Convention and Visitors Bureau: The Boise Convention and Visitors Bureau is a nonprofit organization that works to enhance Boise's economy through the marketing, promotion and selling of the city and region as a site for conventions, corporate meetings, trade shows, leisure travel, cultural, sports, and special events. Each year, Boise hosts hundreds of meetings and special events, which are significant contributors to the local economy. The Boise CVB was established in 1982.